For years, busy Julia Gaskin, a local minister, avid cook and devoted great-grandmother, was able to set aside time to pursue her personal passion - bowling.

But debilitating back pain began to make even simple tasks difficult. Walking and sitting grew challenging, and eventually Julia was forced to drop out of her bowling league and give up the pastime she truly loved.

Following not one, but two spinal surgeries at the skilled hands of Medical Director and Neurosurgeon Dr. Juan Jimenez of the Riverside Neurosciences Institute, Julia was able to push the reset button and get back to living the life she loves.

"I can do things on my own again, and I am really happy about that!"

Following not one, but two spinal surgeries at the skilled hands of Medical Director and Neurosurgeon Dr. Juan Jimenez of the Riverside Neurosciences Institute, Julia was able to push the reset button and get back to living the life she loves.

See Julia’s story at riversidehealthcare.org/ItMatters