# March 2020 Memory Care Calendar of Events

**RIVERSIDE SENIOR LIFE COMMUNITIES**  
Assisted Living & Memory Care  
1485 Butterfield Trail  
Kankakee, Il 60901

**Adult Living For Those Who Seek More.**

<table>
<thead>
<tr>
<th>Sun</th>
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<th>Fri</th>
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<td>Visiting Physicians</td>
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**VISITING PHYSICIANS**

- **Dr. Raley, Podiatrist**
  - The third week of the month.

**Other**

- **Hearing Aid Checks**
  - March 16th

To schedule a single or reoccurring appointment, please contact Terri in the Memory Care office.

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**Riverside Senior Life Communities**

partners with residents & their families to identify their desires & dreams, & work together to bring those needs, passions, & abilities to life. We focus on the Dimensions of Wellness to assure our residents are provided a well-rounded array of programing. People at every age and stage of ability seek opportunities to remain productive, contributing members of a community. They search for ways to stay mentally and physically independent and active; they seek resources to meet their spiritual needs; and they want to keep expanding their knowledge. In addition to what you see on this calendar, there are many small group programs occurring, as well as one-on-one opportunities to assure all of our residents are engaged.

If you or your loved ones have suggestions for something that you enjoy, please do not hesitate to let us know. We are here to serve you.

**Dimensions of Wellness Categories:**

- (= Cognitive  
- (= Emotional  
- (= Physical  
- (= Social  
- (= Spiritual

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1
- 9:00  — Morning Worship
- 10:30  — Coffee Club
- 1:00  — IN2L (Spiritual Videos)
- 3:00  — Movie Matinee
- 6:00  — Reminiscence On The IN2L

**DAYLIGHT SAVINGS TIME**

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2
- 9:30  — Therapeutic Exercise
- 10:30  — Country Drive
- 2:30  — Answer Me Trivia
- 4:00  — Hymn Book on the IN2L
- 6:00  — Choices Game

**Happy Birthday Bev Kazmeier!**

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3
- 9:30  — Therapeutic Exercise
- 10:30  — Baking 101
- 1:30  — Quiet Reflections in the Sensory Room
- 3:30  — Finish The Lines
- 6:00  — Lifetime Movie

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4
- 9:30  — Clip and Curl
- 10:30  — Pretty Nails
- 1:00  — Inspirational Melodies
- 2:00  — Word Games
- 3:30  — Mary’s Piano Hour
- 6:00  — Bingo

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5
- 9:30  — Strength and Stretch
- 10:30  — Animal Ambassadors
- 1:30  — Music Connections
- 3:00  — Finish The Lyrics
- 6:00  — The Jonny Carson Show

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6
- 9:30  — Therapeutic Exercise
- 10:30  — Starving Artists
- 3:00  — Happy Hour Sing A Long
- 6:00  — One to One Visits

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7
- 9:30  — Balloon Toss
- 10:30  — IN2L Games
- 2:00  — Musical Memories
- 3:00  — Word Games
- 6:30  — Color Therapy

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8
- 9:00  — Morning Worship
- 10:30  — Poetic Minds
- 1:00  — IN2L (Spiritual Videos)
- 3:00  — Movie Matinee
- 6:00  — Sing With Susie (IN2L)

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9
- 9:30  — Therapeutic Exercise
- 10:30  — Country Drive
- 2:30  — Answer Me Trivia
- 4:00  — Hymn Book on the IN2L
- 6:00  — A Dose of Devotions

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10
- 9:30  — Therapeutic Exercise
- 10:30  — Baking 101
- 1:30  — Quiet Reflections in the Sensory Room
- 3:30  — Tell All Games
- 6:00  — Lifetime Movie

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11
- 9:30  — Clip and Curl
- 10:30  — Pretty Nails
- 1:00  — Inspirational Melodies
- 2:00  — Word Games
- 3:30  — Mary’s Piano Hour

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12
- 9:30  — Strength and Stretch
- 10:30  — Animal Ambassadors
- 1:30  — Music Connections
- 3:00  — Finish The Phrase
- 6:00  — The Journey Remembered (Childhood Memories)

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13
- 9:30  — Therapeutic Exercise
- 10:30  — Starving Artists
- 3:00  — Happy Hour Sing A Long
- 6:00  — One to One Visits

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14
- 9:30  — Kick Ball
- 10:30  — IN2L Games
- 2:00  — Musical Memories
- 3:00  — Word Games
- 6:30  — Color Therapy
# MARCH 2020 MEMORY CARE CALENDAR OF EVENTS

**Adult Living For Those Who Seek More.**

<table>
<thead>
<tr>
<th>Sun</th>
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<tbody>
<tr>
<td>15</td>
<td>9:00 – Morning Worship</td>
<td>17 ST. PATRICKS DAY</td>
<td>18</td>
<td>19 FIRST DAY OF SPRING</td>
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<tr>
<td></td>
<td>10:30 – Coffee Club</td>
<td>9:30 – Therapeutic Exercise</td>
<td>11:00 – Irish Dancers</td>
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<td>1:00 – IN2L (Spiritual Videos)</td>
<td>10:30 – Country Drive</td>
<td>3:00 – St. Patrick's Day Trivia</td>
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<td>3:00 – Movie Matinee</td>
<td>2:30 – Answer Me Trivia</td>
<td>4:00 – Hymn Book on the IN2L</td>
<td>4:00 – Word Games</td>
<td>2:00 – Musical Memories</td>
<td>3:00 – Musical Memories</td>
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<td>6:00 – Reminisce On The IN2L</td>
<td>6:00 – Word Teasers (Funny Sayings)</td>
<td>6:00 – Lifetime Movie</td>
<td>3:30 – Mary’s Piano Hour</td>
<td>3:00 – Word Games</td>
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<td>16</td>
<td>9:30 – Therapeutic Exercise</td>
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<td>2:30 – Answer Me Trivia</td>
<td>11:00 – Irish Dancers</td>
<td>10:30 – Country Drive</td>
<td>1:30 – Quiet Reflections in the Sensory Room</td>
<td>10:30 – Pretty Nails</td>
<td>10:30 – Animal Ambassadors</td>
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<td>4:00 – Hymn Book on the IN2L</td>
<td>3:00 – Irish Dancers</td>
<td>1:30 – Quiet Reflections in the Sensory Room</td>
<td>3:00 – Riddles In A Jar</td>
<td>11:30 – Out To Lunch</td>
<td>1:30 – Music Connections</td>
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<td>6:00 – Finish The Lyrics</td>
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**Salon services**

- Manicures Available on Wednesday Mornings from 10:00 to 12:00

**Location Key:**
- CC: Conference Center
- SR: Sensory Room
- CR: Craft Room
- IL GR: Independent Living Great Room
- HC: Health Center

*Happy Birthday Pat Dandurand!"